



LEARNING THE ROPES

PreK/Kindergarten Sports Academy (a) THE YMCA

This 4-week program will give kids an introduction to different sports and activities to help promote good physical fitness habits and lifelong interest in sports and activities. Basic fundamentals of each sport will be presented, and Y program staff will lead with assistance from various coaching experts related to the respective sporting activity. (Activities are subject to change)

- Session 1: Oct. 3rd Oct. 24th Register by Oct. 2nd Soccer, Soccer, Gymnastics/Tumbling, Gymnastics/Tumbling
- Session 2: Nov 7th Dec 5th Register by Nov. 6th
 Basketball, Basketball, Taekwondo/Judo, Tennis
- Session 3: Jan 9th 30th Register by Jan. 8th
 Gym Hockey, Gym Hockey, Bowling, Kickball
- **Session 4:** Feb 26th Register by Feb. 25th March 20th Basketball, Tennis, Track, Golf
- Session 5: April 17th May 8th Register by April 16th
 T-Ball, T-Ball, Soccer, Soccer

WHEN: Wednesdays, Late Afternoon/Early Evening

Will last 45min - 1hr

REGISTER: Online (a) MCYMCA.com/OnlineRegistration

In Person @ 101 East Cherry St., Red Oak

COST: Y Member: FREE

Potential Member: \$20 per session







2018-2019 PRESCHOOL - KINDERGARTEN SPORTS ACADEMY

Return to YMCA @ 101 E. Cherry St., Red Oak, IA 51566 Or Register Online @ www.MCYMCA.com/OnlineRegistration

If the contact person named above cannot be rea care and treatment and further necessary and re				
Name (Parent/Guardian - Please Print)	Address		Telephone No.	,
participation):				
THE UNDERSIGNED provide the follow	,	obtain consent to treat the	child in the event of in	njury or illness during
By this consent and with the child's co the child by reason of the child's participation in		e activity, the parent(s)/gua	rdian(s) voluntarily acc	ept the risk of injury to
The parent(s)/guardian(s) affirm that b parent (s)/guardian(s) have explained to the child	I that this means that the c	hild is free <u>at any time</u> to st	op participation in the	activity.
contact with or use of equipment used in the act	ivity.	, ,		
2019 Pre-K and Kindergarten does/do hereby co The potential risks of participation inc	onsent to the child's partici	pation in the activity.		
THE UNDERSIGNED parent(s)/guardian(s) of standing of the potential risks of injury to the chi	ild by reason of the child's	wno is a cn participation in the followin	nd under the age of TE g activity: YMCA's Spo	rts Academy 2018-
THE LINDEDGICNED parant(a)/avardi(-) -f		ا مادر	ild under the eas -£ 10) veers with under
Cost: Y-Member - FREE, Non-Member -	- \$20 per session			
Parent/Guardian 1 Name:	Cell #:	WORK #;	Email:	
Parent/Guardian 1 Name:				
Mailing Address:				
Participant name:		Ger	nder: Birthdate	: / /
Grade Attending: Preschool (must be at least		Kindergarten		